



56 Probuss Club of Avoca Beach Inc.

NEWSLETTER

Issue: 383 Monday 21st July 2025

Management Committee

President:	Peter Ayton	0404 615 090
Vice President:	Pamela Spencer	0400 396 542
Secretary:	Dorothy Harper	0419 310 685
Treasurer:	Joan Flynn	0419 997 573
Social Activities:	Paul McInnes	0412 524 815
Guest Speakers:	John Evans	0414 997 273
Membership:	Sue Roe	0422 771 070
Asst Membership	Joan Flynn	0419 997 573
Asst Treasurer	Barry Turner	0448 585 018
Catering Liaison:	Sue Roe	0422 771 070
Editor & Printing	Dennis Elliott	0412 049 020
Immediate Past Pres	Barry Tobin	0417 260 833

Ancillary Appointments

Attendance:& Welfare	Sue Elliott	0425 234 725
Social Activities:	Sandra Ayton	0488 356 172
	Jenny Lucas	0411 021 913
	Val Allen	0433 131 774
Catering Team	Joy Kuiters	0432 684 445
	Jan Johnson	0407 631 686
Asst. Guest Speakers:		
Raffles (Meetings):	Wendy Noonan	0416 286 787
	Jan Johnson	0407 631 686
Raffles (Barbecues):	Merrilyn Self	0404 072 065
	Sue Elliott	0425 234 725
Book Exchange:	Joe Panozzo	0458 130 338
Website & Email	Heather Vinson	0466 966 468
Auditor & Pub Officer:	Jock Plimmer	0427 877 851
Printing/Production	Dennis Elliott	0412 049 020
Probuss Ambassador:	Barry Porter	0432 697 490

Interest Group Convenors

Golf Group Convenor:	Jock Plimmer	0427 877 851
Mexican Train Group:	Yvonne Hollis	0409 030 304
Mexican Train Group	Barry Tobin	0417 260 833
Walking Group	Jeanette Anderson	0422 161 893
10 Pin Bowling	John Hart	0402 020 026
Theatre Group		

EMERGENCY TELEPHONE NO

Social functions- Paul McInnes 0412 524 815

TODAY'S GENERAL MEETING

10:15am at Avoca Beach Bowling Club

Guest Speaker: Jacquie Smith

Central Coast Family History

NEXT GENERAL MEETING

18th August 2025

PROBUSS CLUB OF AVOCA BEACH INC.

PO Box 14 Avoca Beach NSW 2250

avocaprobus@gmail.com

www.probussouthpacific.org/microsites/avocabeach

General Meetings: 3rd Monday of the month

This Newsletter is for information of members of the

Probuss Club of Avoca Beach Inc. and other Probuss

Clubs and is not to be used for any other purpose

The Newsletter is available on the club website



FROM THE PRESIDENT

My fellow members, welcome to our July General Meeting.

I am sure, like me, you were captivated and dismayed by our June guest Speaker, Kyleigh Holland Quinn with her presentation of the tireless work of Coast Shelter. They provide dignity and resemblance of normality to so many

homeless, abused and abandoned people in our local community.

I was also overwhelmed by your response and generosity by donating a total of \$500 collected at the meeting.

A big thank you and acknowledgment was received by Kyleigh.

As a further response, the management committee has approved a donation of the nett proceeds from the Probuss day raffle. Also a non perishable food collection for Coast Shelter at the March 2026 meeting.

Merrilyn Self will promote this and remind everyone in the new year. On the subject of donating to Charity, Merrilyn will also promote her excellent and very well received ' Handbags of Dignity' for collection for 2025 during the coming meetings.

PROBUSS DAY MONDAY OCTOBER 13TH

I am pleased to announce that Peter Mear has volunteered to be the organiser of this year's event at Avoca Beach Reserve. We all look forward to an excellent day.

FROM THE JUNE COMMITTEE MEETING

A decision has been reached and will be advised at the July general meeting , that at the end of 2025, BBQ lunches will cease. Regular attendances have dropped to 30 members per event.

With the enormous amount of organisation ie food shopping, storage-transport of equipment (tables, urns, serving equipment, esky's) clearly the response is not justified for the effort involved. Added to this the unpredictable weather, for example, 3 events had to be cancelled in the last 12 months. Also the current catering group are all resigning at year end.

The BBQ's will be replaced by the very popular pub/club bistro lunches at different locations each month. These regularly attract 55-60 members per event.

I will report this request by Sue Roe's team at the General Meeting.

Yours in Fun, Fellowship and friendship

Peter Ayton

FINANCIAL REPORT

Financial Statement – 21-5 to 17-6-25

	\$
Cash Balance	8,721.16
Plus Income	9,321.50
Less Expenditure	676.50
Cash Balance	17,366.16
Plus Deposits to Suppliers	8,128.00
Less Members pre-payments	16,721.00
Available funds	8,773.16

Barry Turner, Hon. Treasurer

**HAPPY
BIRTHDAY!**

*Best wishes to everyone celebrating a birthday
between 22nd July to 18th August*

*22/7 Roy Crump & 22/7 June Kilgallon,
28/7 Barbara Evans
29/7 Dennis Elliott & Joan Flynn
Val Allen & David Self
4/8 Ruth Shepherd & Pam Spencer
5/8 Merylyn Self, 6/8 Pat Tobin,
8/8 Jock Plimmer, 9/8 Jeanette Panozzo,
15/8 Lorraine Kane*

*A Very Happy Anniversary
to everyone celebrating a Wedding Anniversary
this month*

WELFARE

Please let our Welfare Officer, Sue Elliott, know if any of our members are unwell and would welcome a friendly call.

For apologies at our General Meetings please phone or email our Membership Officer Sue Roe on 0422 771 070 or lsroe@outlook.com

**Bistro Lunch
Kincumber Pub
4th August 2025**

12.00 am. (Own Cost)

Please tick (✓) your name on the booking sheet if you will be attending.

Please Advise Sue Roe 0422 771 070 if you wish to cancel.

The Midget fortune-teller who escaped from prison was a small medium at large.

This Month's Event
Sydney Zoo @ Eastern Creek
Thursday 24th July



Travel by Coach with a morning T at the Zoo- Lunch at own cost



Next Month's Event
Friday 29th August

3 Hour Navy Boat Cruise
East of the Harbour Bridge
Morning Tea Inc.

Lunch at own cost

Meet at Local Railway Station
Need to be at Wharf 3 Darling
Harbour by 09:30

Numbers limited to 30

Would you like to know more about Royal Australian Navy (RAN) activities and facilities in Sydney Harbour from 1788 to the present, especially during WW II?

You are invited to join the Naval Historical Society of Australia for a three-hour cruise east of the Harbour Bridge. A comprehensive commentary is provided supported by information and photos on TVs to bring the commentary to life. A complementary booklet with lots of information and photos is provided as a souvenir. Morning Tea Served



Allocation Full – bookings closed

The places you will see and learn about include:

Dawes Point. The story of the observatory built by Lt William Dawes and the construction of the gun battery.

Sydney Cove. The story of Fort Macquarie and the Navy activities to protect ships and the colony after the arrival of the first fleet.

Garden Island. The first use of Garden Island as a garden and its later development. The construction of the Captain Cook Graving Dock was second largest project after the Snowy Mountain Scheme and larger than the construction of the Harbour bridge. The story of the hammerhead crane and the role of HMAS KUTTABUL. The decision in 1987 to establish two Navy bases – Fleet Base East and Fleet Base West to cover both the Pacific and Indian oceans.

HMAS RUSHCUTTER. One of the oldest RAN shore bases, commissioned in 1920. A Naval Reserve training facility for anti-submarine warfare, diving, and radar.

Clark Island. The storage of gun barrels during WW II. The Japanese midget submarines were also brought here after they were salvaged.

Rose Bay. The story of HMAS TINGIRA that trained over 3,000 sailors from 1912 to 1927.

Watson's Bay. HMAS WATSON the training centre for maritime warfare. Watson's Bay was the home base for pilot boats and the lifeboat over the years.

Georges Head. The location of the western end of the anti-submarine boom net during WW II.

Chowder Bay. The base to protect the Harbour with mines during the 1880's. Now a fuel installation for the RAN.

Bradley's Head. Ships were degaussed here during WW II to protect them against magnetic mines. The story of our first battle and first victory involving HMAS SYDNEY I and the SMS EMDEN.

Neutral Bay – Sub Base Platypus. Home of the six OBERON class submarines for 30 years and the torpedo factory established during WW2. The current COLLINS class submarines are based at Garden Island off Rockingham in Western Australia.

A comprehensive commentary is provided supported by information and photos on TVs to bring the commentary to life. A complementary booklet with lots of information and photos is provided as a souvenir.

I had my patience tested I'm
Negative

Car Rally: 20-06-25

A very enjoyable morning with a set off at 0930 whereby we were on the lookout for various landmarks

There were 27 of us divided amongst 9 cars.

Points were awarded and we had 3 lucky cars which were declared joint winners.

Congratulations to:

Car 1: Sue & Dennis Elliott, Jock Plimmer and Alexandra



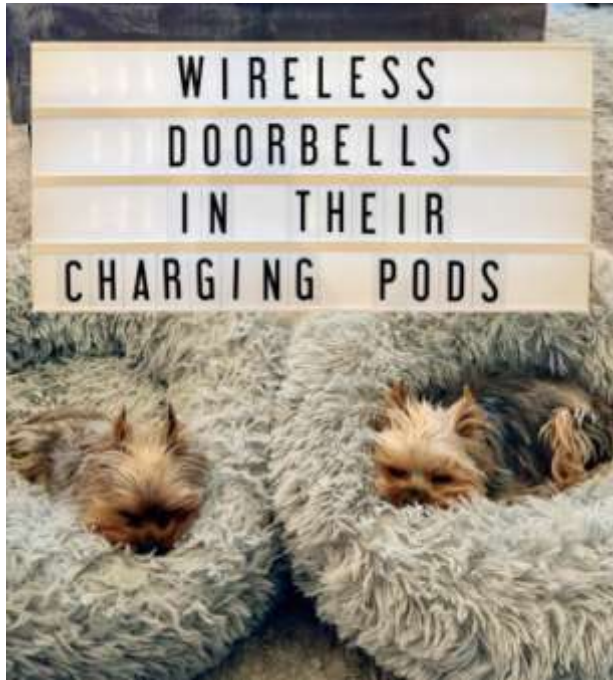
Blake.

Car 2: Neville & Anneke Kingham, Maureen Bell

Car 3: Jenny Lucas, Robyn McInnes, Sandy Ayton and

Val Allen.





IMPORTANT INFORMATION FOR PROSPECTIVE MEMBERS

The Probus Club of Avoca Beach Inc. has reached its membership limit and is unable to accept any new members.

However, if people interested in joining the Club wish to be placed on a Waiting List until a membership vacancy occurs, they should email their NAME and CONTACT DETAILS (email address and telephone no.) to avocaprobus@gmail.com.

Alternatively, they may wish to join a neighbouring club to enjoy the fellowship, friendship and fun that PROBUS offers.

Clubs in proximity to Avoca Beach are COPACABANA, GREEN POINT, SARATOGA & DISTRICT, TERRIGAL and TERRIGAL HAVEN Probus Clubs.

They can find contact details for these Clubs at <https://www.probusouthpacific.org/directories/lookup>

Positions Vacant

Our AGM is in March 2026 and I know it's a fair way off but a few of the positions we have had difficulty in filling in the past and they are:

Assistant Secretary

Assistant Guest Speaker

Theatre Group Co-Ordinator

So please give these positions some thought.

REVISED CONSTITUTION AND STANDING RESOLUTIONS

Probus South Pacific Ltd (PSPL) has reviewed the current standard Constitution of Probus Clubs and produced an updated template that reflects modern practices whilst retaining the Articles of Association. It provides further flexibility for Clubs to manage their own internal affairs through Standing Resolutions.

The 'Constitution' stipulates the principles by which the Club is governed, including some mandatory clauses, especially for an 'Incorporated Association' (as is the Probus Club of Avoca Beach Inc.). The 'Standing Resolutions' specify how the Club will be managed and can be created, amended or rescinded by an Ordinary Resolution of Club members, providing greater flexibility as circumstances may change.

Some clauses in the template Constitution refer to details to be included in the Club's Standing Resolutions so Standing Resolutions must be adopted to give effect to these clauses. Other Standing Resolutions relate to decisions of the Club members to guide the management of the Club.

The Management Committee established a Working Group to review the template Constitution and the draft Standing Resolutions. The current Club Constitution, adopted in 2015, and Standing Resolutions, also adopted in 2015 with some additions and amendments since then, were found to align very well with the revised documents so changes are minimal, with some enhancements. The revised documents will be presented to members with recommendations that they be adopted.

NOTICE OF MOTIONS TO ADOPT A REVISED CONSTITUTION AND STANDING RESOLUTIONS

A General Meeting of the Probus Club of Avoca Beach Inc. will be held on Monday 18 August 2025 at Avoca Beach Bowling & Recreation Club, Avoca Drive, Avoca Beach NSW at 10.15am. The following motions will be proposed for adoption:

1. By Special Resolution requiring 75% affirmative vote of those members present and voting that:
The current Constitution of the Probus Club of Avoca each Inc. be rescinded and the proposed Constitution as distributed to members be adopted.
2. By Ordinary Resolution requiring a majority vote of those members present and voting that:
The current Standing Resolutions of the Probus Club of Avoca each Inc. be rescinded and the proposed Standing Resolutions as distributed to members be adopted.

The proposed Constitution and Standing Resolutions will be distributed to all members and available on the Club's website.

Remember, if you lose a sock in the dryer, it comes back as a Tupperware lid that doesn't fit any of your containers

Coming in September



Join us for a relaxing ferry trip from Ettalong to Palm Beach on:

Tuesday the 9th September

Meet at the Ettalong or Patonga (depending where the ferry leaves from) pier at 0930?? (This will be confirmed closer to the event) Where we will join to ferry for the short trip to Palm Beach where we will have lunch at the local RSL.

Lunch and Ferry at own cost



Bistro Lunch 07-07-25



June's Induction of New Members



Left to right: Denise Hay, Anara Porter, Rhonda Mitchell, Paul Bugeja, Robyn Bugeja, Julie Sposito, Graham Field, Sandra Field, John Powell and Carmel Cassar with Sue Roe and Peter Ayton.

PROBUS DAY 13TH OCTOBER 2025



Peter Mears has agreed to be our

PROBUS DAY Co-ordinator

As usual there will be a variety of events that you can participate in.
Prizes for the best dressed (Yellow and Blue are our preferred colours)

Fish and Chips is the meal of the day

So mark your calendar and come along and enjoy all the :

Fun, Friendship & Fellowship that Probus provides.





Up Coming Social Events



**If possible, please pay to attend social functions by Online banking, or by cheque.
BSB: 032-596 Account No: 147818 Bank: Westpac Reference: Your name + 4/5 letter function code**

Monday 7 July	Bistro Lunch at 12pm at Breakers Country Club Wamberal. Own Cost.	Bookings by 17 June Contact: Sue Roe	
Mon 7 July – Fri 18 July	School Holidays		
Monday 21 July	General Meeting at Avoca Beach Bowling & Recreation Club; 10.15 am. Lunch at The Table Restaurant, ABBRC. Own cost.	No bookings required	
Thursday 24 July	Travel by Coach to Sydney Zoo at Eastern Creek. Morning tea stop \$110	Bookings & Payment Contact: Paul McInnes	ZOO
Monday 4 August	Bistro Lunch at 12pm at Kincumber Pub Kincumber. Own Cost.	Bookings by 15 July Contact: Sue Roe	
Monday 18 August	General Meeting at Avoca Beach Bowling & Recreation Club; 10.15 am. Lunch at The Table Restaurant, ABBRC. Own cost.	No bookings required	
Friday 29 August FULLY BOOKED	3 Hour Navy Boat Cruise east of the harbour bridge. Various points of interest with full commentary. Includes morning tea and a souvenir booklet. Some mostly flat walking Opal Card to Darling Harbour Cost \$70 Limit of 30 attendees	Bookings and Payment Contact: Paul McInnes	NAVY
Monday 1 September	Barbecue , 11am at Parry's Jetty, Tuggerah Parade (near Gladstan Ave.), Long Jetty. Cost: \$5. Pre-booking and cancellation advice essential. <i>Wet Weather Alternative: 12pm Lagoon Bistro, Erina Leaguers Club. Own Cost.</i>	Bookings by 19 August Payment at Barbecue Contact: Sue Roe	
Tuesday 9 September	Join us for a Ferry ride from Ettalong to Palm Beach a short walk and then lunch at the RSL Lunch and Ferry at own cost.	Bookings By Contact: Paul McInnes	OPERA
Monday 15 September	General Meeting at Avoca Beach Bowling & Recreation Club; 10.15 am. Lunch at The Table Restaurant, ABBRC. Own cost.	No bookings required	
Mon 29 Sep – Fri 10 Oct	School Holidays		
Mon 6 October	Labour Day		
Monday 13 October <i>(one week later than usual)</i>	Probus Day Special Barbecue - "Fish and Chips" at 11am at Hunter Reserve (near theatre), Avoca Drive, Avoca Beach. Cost: \$5. Pre-booking and cancellation advice essential. Celebrate Probus Day. Come dressed in our Probus colours of blue and yellow. Prizes to be won for the most creative ensemble. Share a good joke. Prize for the best joke. <i>Wet Weather Alternative: 12pm Kincumber Hotel, 6 Carrak Road, Kincumber. Own Cost.</i>	Bookings by 16 Sept. Payment at Barbecue Contact: Sue Roe	

SPECIAL INTEREST GROUPS

GOLF	Each Wednesday, 10:30 @ Breakers Country Club, Wamberal	Contact Jock Plimmer
Mexican Train (1) Mexican Train (2)	Each Thursday, 1:30 pm @ at the Elliott's Home The 2 nd & 4 th Mondays @ ABBC at 1300	Contact Yvonne Hollis Contact Barry Tobiin
WALKING GROUP	Each Tuesday @ 08:55 meeting point to be advised Walk commences at 0900	Contact Jeanette Anderson
10 PIN BOWLING Theatre Group	Second Monday of the month @ 10:00 am contact John Hart	Contact John Hart